Headquarters U.S. Air Forces in Europe

USAFE Community Counseling/ Deployment Support

Family Matters Perspective

Ms. Julie Mason
HQ USAFE/A1PM

Military and Family Life Consultant (MFLC) Program

- Supplemental non-clinical counseling program
- Target audience: military members and their families
  - DoD Civilians, retirees, and contractors also assisted
- 9 locations in 4 countries; 8-week rotations
- Standardized guidance/protocols
- Confidentiality privilege; *mandatory reporting requirement for "duty to warn" cases*
- MFLC focus varies depending on installation's battle rhythm and current community needs

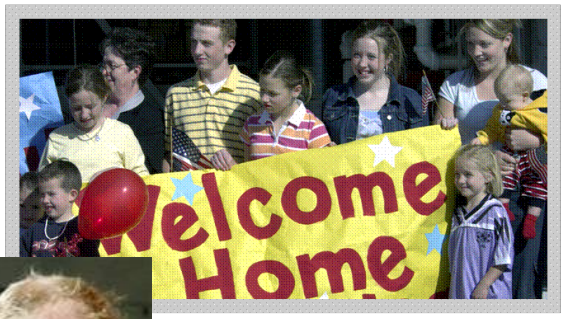
USAFE Deployment Support: Family Matters Perspective

- **Project Care**
  - USAFE's umbrella for Readiness programs (deployment/reintegration processes, reintegration retreats, Key Spouse program)

- **USAFE Reintegration Retreats**
  - Supplement to Chapel's marriage counseling/retreat program; targets redeploying Airmen and their spouse
  - Non-religious based curriculum; 2-3 day events usually held off-base
  - Collaborative effort between helping agencies

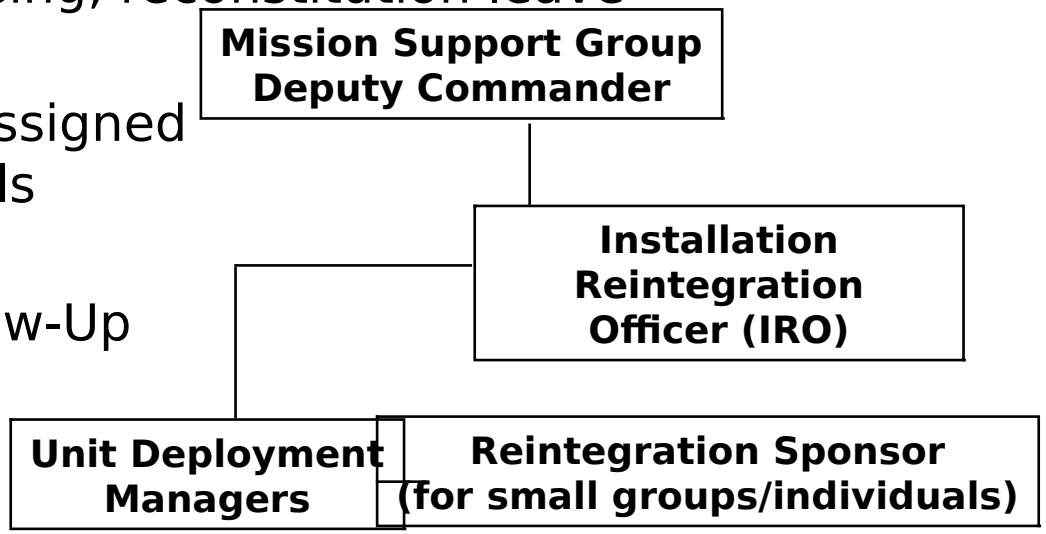
USAFE Deployment Support: Family Matters Perspective

- **USAFE Reintegration Plan: Standardized Materials**
  - USAFE Reintegration Checklist
  - 10 Reintegration information tri-folds
  - Briefings and Lesson Plans
    - Reintegration Awareness
    - Communication
    - Safety
    - Spirituality
    - Workplace supervisors
    - Childcare providers
  - USAFE Airmen, Civilian, and Family Reintegration Manual



USAFE Deployment Support: Family Matters Perspective

- **USAFE Reintegration: Process, Roles, Functions**
  - Mandatory for all Airmen returning from 90+ days deployments
  - 4-day process for large group returns
    - Pre-arrival, arrival day, decompression, two days of reintegration/inprocessing, reconstitution leave
  - Reintegration Sponsors assigned to small groups/individuals
  - Health Assessments/Follow-Up
  - Metric Reporting



USAFE Deployment Support: Family Matters Perspective

- **Community Action Information Board (CAIB)**
  - USAF forum for identifying, addressing, and resolving QoL issues
  - Chaired by Vice COMUSAFE
  - Mandated by AF Instruction 90-501; conducted quarterly
- **Integrated Delivery System (IDS)**
  - Working arm of the CAIB; members comprised of helping agency professionals
  - Meets quarterly or as needed
  - Project Care Working Group is an adhoc committee of the IDS
  - Military and Family Life Consultants are assets of the CAIB/IDS
- **Family Integrated Results & Statistical Tracking (FIRST) System**

USAFE Deployment Support: Family Matters Perspective

Questions?